

ISSN 1362-5551 10 The Manor Drive, Worcester Park Surrey KT4 7LG Tel: 020 8337 6337

info@parents-news.co.uk www.narents.news.co.uk PARENTS NEWS believes that society's best asset is its young people! We shall accept tising in the opinior of the Publisher, is considered demeaning to children. We intend to encourage environmental, health, and

to preach or claim to always be right Different opinions published are the opinions of the authors and not necessaril those of PARENTS NEWS. We hope mums and dads enio the articles, be interested by Calendar (finding it useful), and use the advertisers. Any endorsement by PARENTS NEWS is explicitly stated.

non-violent issues, but not

Ahhh ... The Easter holidays are

What could be better than heading for the coast for a well earned break?

Haven parks, dotted all around the coastline, have just opened and are all set to welcome families for some Easter Fun All the family can join the Wildlife Detectives on a Spring walk with a difference, as they go in search of the Easter

Bunny

In the kids clubs they will make Easter bonnets and later join the characters in the parade. Jamie Thomson from Haven's entertainment team says "we know everyone loves all the traditional aspects of Easter, it's expected, but we also like to offer something a little different at Haven This year we're showcasing Streetball Extreme, the best of urban talent in the UK

dancers and free style tricksters - you can see them on mid week breaks at all parks." The very first Haven's Talented Seaside competition will take place during the Easter holidays too. So. members of families can come along and sing a song, dance their socks off or captivate

including breakdancers, street

coming at last! prize draw to win a VIP

weekend for the family in London or £1000 cash prize so make sure they take take along their props, costume or

> Evening entertainment include performances from Same Difference Ray Lewis from The Drifters Sonya Stayros and Bucks Fizz featuring Bobby G.

At Haven they know that every family is different some like to explore the local area, some build sandcastles, some are sporty and like to try out new things. Whatever They have it

Easter Breaks start from just £149 for a 3 night break in standard accommodation sleeping up to six people at selected Haven Parks during the Easter holidays. The price also includes the entertainment use of heated indoor pools (many with slides and flumes). sports activities and kids clubs.

www.haven.com/easter or call

0871 230 1900 23 parks have touring and camping areas

www.haventouring.com

0871 230 1933

March 2012

Events and festivals to dazzle Tenerife in 2012! electronic musicians at the

music event to be held in

of the capital's City Hall.

force of freefall.

14th June 2012

Corpus Christi is arguably the

most famous and inspiring of

Tenerife's religious festivals

centred around vast intricate

volcanic sands – which are

laid out in the streets for all to

admire. The highlight of the

festival is a tapestry of 800

square metres covering the

centre square in front of La

Orotava's Town Hall. Petals

and sand from the protected

Teide National Park, which

can only be used for this event,

are used to create this gigantic

and coloured carnets - superbly

created from flower netals and

Orotava

The largest island in the Canaries, the Isle of Contrasts lives up to its nickname perfectly with a whole host of colourful events and festivals running throughout the year. In 2012, Tenerife has something to suit every visitor - cultural events, religious festivals, concerts and one of the largest carnivals in the world! 28th-29nd April 2012

Marking the start of Tenerife's

religious festival period, the Festival of Tegueste sees thousands of people dress in traditional costume to honour of Saint Mark the Evangelist During the event, dozens of colourfully-decorated floats parade down the streets of the village accompanied by singing and dancing groups, while local people hand out potatoes, gofio. meat, eggs and wine from the area in order to symbolise friendship. The following morning (29th April), visitors and locals celebrate the "Day of the Float" as a procession of beautifully-decorated floats

Rock Coast Festival, Santa

wow spectators.

24th-26th May 2012 This year, the island's cosmopolitan capital, Santa Cruz, is set to welcome some of the world's greates pop groups, rock stars and

piece of art, which only lasts a Rock Coast Festival. With big few hours until the Procession names due to be announced, of Christ takes place across the the artists expected to perform boast a combined total of more

than 270 million records sold Festival of Virgen del Carmen, Puerto de la Cruz between them - prompting the musical extravaganza to be 10th or 17th July 2012 (date to be confirmed) dubbed "the most important Each year, the fishing port the Canary Islands" by José of Puerto de la Cruz comes Manuel Bermúdez, mayor alive to honour Virgen del Carmen, the patron saint of Benefitting from a €5 million fishermen. During the tradition devoted locals carry a statue investment, visitors will be able to enjoy 15 hours of music each of the Virgin Mary to a small day and daily entertainment, boat, preceded by dancers such as a Formula 1 simulator. with coloured ribbons, before a ski slope and wind tunnel dozens of fishing hoats sound allowing visitors to feel the their horns and accompany the Virgin as they sail along the coast. Back on land, the fiesta continues with an amazing Corpus Christi Carpets, La fireworks display and then transfers to the streets of the

> returned to their sanctuaries Perseid Meteor Shower. Teids National Park 12th August 2012

town before the statues are

The Perseid Meteor Shower is undeniably one of the greatest natural wonders in the universe The annual spectacle brings a dazzling light show with more than 60 shooting stars zipping across the sky every hour, caused by tiny particles of debris from a comet burning up when entering the Earth's atmosphere at 135,000mph.

603-859-4525

March 2012

Chesil Vista Holiday Park

in Weymouth, Dorset has an

Egg-Citing Easter at Chesil Vista

egg-stra special entertainment schedule planned for the forthcoming Easter holidays, which begins on Saturday 31 March and continues until Saturday 14 April. In addition to the park's usual entertainment programme of quality live cabaret acts, the family-friendly holiday park will also be putting on an action-packed Easter programme which is sure to leave all Chesil Vista kids eggstremely egg-sausted! Seven night Easter holidays at Chesil Vista start from £335.00. Special Easter holiday offers are also available including: 'Easter Treat' - nine nights for the price of seven Thurs 29 March to Sat 7 April or

'Pre-Easter' (Sat 31 March to Thurs5 April) and 'Post-Easter' (Tues10th to Sat 14 April) breaks from £255.00 Easter Mini Break' (Thurs 5 April - Tuesday 10 April) priced from £295 00

Sat 7 April to Mon 16 April

prices from £335.00.

For more information www.chesilholidays.co.uk 01305 773 233

Can be booked with just a £60

The AA winners of the Campsite of the Year for Britain and Ireland

The 44 has announced the winners of the Campsite of the Year Awards for Britain and Ireland to coincide with the launch of the AA Caravan and Camping Britain and Ireland Guide 2012

44 Best Campsite of the Year England and Overall Winner Ross Park, Newton Abbot,

Details of all the awardwinning sites can be found in the new AA Caravan and Camping Britain and Ireland Guide 2012. The guide features over 900 annually inspected and rated sites giving details of location, AA Pennant rating**, contact details, prices, opening times and a description as well as local information.

David Hancock, editor of the guide, commented, "I wish to congratulate all our winners who have been awarded in recognition of exceptional quality and attention to detail across their parks and who are included in a feature in the AA Caravan & Camping Britain and Ireland Guide 2012. The guide also lists local attractions under each location, nearby pubs and restaurants under each site entry, 'Best For' lists to help campers find stunning views or the best parks to go

Glamping, the name for posh camping, as well as colourful fully updated introductions to key destination counties, and a section containing 20 new walks and cycle rides."

The guide also carries a selection of interesting and informative features on subjects ranging from 'A weekend in a classic VW Camper Van', 'A look at camping technology' and 'A day in the life of a campsite inspector'

The AA also offers the AA

Camping Card Scheme for 2012. With the AA Camping Card, users will qualify for reduced rates at participating sites. Card holders will simply need to state that they are using an AA Camping Card when they phone to book a site and show the card on arrival. The types of discounts vary from site to site, details of which will be given when contacting the site. An AA Camping Card is included in every AA Caravan and Camping Britain and Ireland Guide 2012.

AA Caravan and Camping Britain and Ireland Guide 2012, is available from theAA.com/shop for £9.99.

Easter Family Package

The latest snowfalls in Austria just cry for some more skiing this season. Enjoy some Easte family skiing in the Großarl-Dorfgastein ski area, part of Ski amadé. With cosy suites, gourmet cuisine, outstanding childcare, amazing location and a working bio-farm, the Moar-Gut is a great family destination

7 nights from 7th to 14th April for two adults and two children (up to 12 years) starting from FUR 2 400 -(GBP 2.040 --) all inclusive

Also included are two 6-day ski passes for the parents, ski passes for children up to the age of 15, and two wellness vouchers worth EUR 35 --(GBP 30 .--) each. Flights (to Salzburg) and transfers are not included. More information:

www.moargut.com, www.kinderhotels.co.uk (direct link to the package)

Advertise in PARENTS NEWS fergus

@parents-news 020 8337 6337 Family Holidays

Fun for all the Family

Canvas Holidays FamilyFytra activities have been added to the phenomenal activity programme for Canvas.

Swimming and sunbathing are typically things you associate with going on holiday. This vear Canvas, alongside specialist outdoor activities company. In2Action. introduce new activities, including Bodyzorbing, Balanceability and Mini Fence to the FamilvExtra programme to a selection of sites across Europe.

Body Zorbing

Have a go at one of the latest extreme sports! If you've ever fancied stepping into a gigantic plastic ball and rolling around at high speed then Body Zorbing is the one for you. Kids can play a variety of games from inside the bodyzorbs, including Bodyzorb Football, Bodyzorb Rugby and Bodyzorb Battle. Mini-Fence

Capture the children's imaginations with fencing. Teaching them discipline, control and hand eye coordination, the fencing system has been developed with the assistance of the British Fencine Association (BFA), making it accessible for young children. Brightly coloured weapons and mask

St Lawrence College

Co-educational, day & boarding school

'Pupils flourish in a genuinely

- ISI Inspection Report, December 2011

child-centred environment.

will charm the children and the session offers a practical exercise solution, as well as a springboard to get involved with this fantastic sport

Cool Detectives / CSI

These spy-themed sessions can fit any age group. Bring out the detective in the kids by letting them learn how to solve a crime using available evidence The children will be told about a 'crime' that has taken place within the camp and will then be able to follow a trail of clues around the holiday village, which will include footprints and clothing items.

Handball Sessions available on all

FamilyExtra and Hoopi's Club (the Canvas Holidays children's club) campsites. The whole family can get involved in sport which will feature in thes years' London Olympics Balanceability

A learn to cycle programme for children aged 2 1/2 to 6 vears old. These sessions help develop confidence, spatial awareness, dynamic balance and the skills to ride a bike without stabilisers Check campsites for activity availability and age groups. For more information on Canyas Holidays see

www.canvasholidavs.co.uk or call

0845 268 0857

Blowing the Whistle on the General Dental Council.

fellow guests with magician's

skills. The favourite acts will

he entered into the fantastic

Traditional train tracks create flat faces, big noses and fired looking eyes: if you doubt this, just look at those who have been treated in the past. They also routinely damage the enamel and roots of the teeth and worse still the teeth go crooked again unless the patient wears a brace for the rest of their life. Extractions of sound teeth are almost always required although patients may not be told about this until near the end of treatment. Newer treatments can achieve better and more permanent results without extractions but orthodontists avoid comparative research as they don't want the damage they do to faces to be exposed.

Worst of all the General Dental Council allows orthodontists to withhold information about some newer methods. This leaves many patients accepting extractions and even major surgery unaware that improved techniques can render them unecessary. If you have suffered you are entitled to compensation.

There is another way.

Take a second opinion now. Nine years old may be too late.

ORTHOTROPICS

The alternative to orthodonlics with extractions and surgery

imily was treated ry modern methos No Train Track

Research shows dentists and the public think Orthotropics get much better resu than orthodontic



disagree, where di you go for answer Orthotropics.com

Ask an appropri you for a

John Mew. The London School of Facial Orthotropics Purley, 020-8660-3695 and Tunbridge Wells 01892 526406



333 Birch Hill Rd. #C, New Durham, NH

Kumon helped me with my schoolwork and my independence. Develop your child's independence with Kumon Our maths and English study programmes are tailored specifically to maximise your child's individual abilities and development, building an active enthusiasm for learning. Contact your local Instructor today Croydon, Shirley Purley 01689 880 497 020 8681 1031 020 8660 2602 **Blackheath** Lower Sydenham 020 8239 0093 020 3002 0239 020 7993 8698 Chelsfield Oxted Streatham 01689 602 196 01883 723 204 020 8681 1634 Croydon Central 020 8686 6833 KUM()N kumon.co.uk





Friday 2nd March 2012, 9.30am-12.00pm and 1.30pm-3.00pm



'Pupils of all abilities achieve highly, in all aspects of their learning...'

- ISI Inspection Report, December 2011

Come and discover how we can make a difference for your child.

Junior School Tel: 01843 572912 Email: mag@slcuk.com St Lawrence College, Ramsgate, Kent CT11 7AF www.slcuk.com

St Lawrence College exists to provide education for children. Charity No 307921

Vhat's On

Penshurst Place & Gardens

The Seven Wonders of the Weald announce that Penshurst Place & Gardens has accepted an invitation to ioin the Seven Wonders of the Weald tourism partnership. Peter D'Aguilar of Bedgebury National Pinetum & Forest, a member of the Seven Wonders partnership for 7 years said,

"It is really good to have Penshurst Place & Gardens in the Seven Wonders of the Weald Partnership To find out more about all the Seven Wonders of the Weald and their tourism partners visit

www.sevenwonders.org.uk

Literacy Club Easter Holidays 2012

Expert tuition for 5-11 year olds at The Anchor School, Rosehill, Sutton.

Prevent your children slipping back during the Easter break

We offer varied multi sensory programmes in reading, writing and spelling.

Specialist dyslexia tuition available for those who need it.

Monday2nd- Friday 6th April, 10a.m.-12.30p.m. £35.00 per morning or £160.00 for all 5 mornings

Term time literacy tuition

also available

Saturday mornings 9.30am - 10.30am £21.50 per session, 3 children to one teacher

Call Wendy Holmes Curriculum Director on 0208 286 3069 for further details of the school, the Literacy Club or Saturday mornings

www.anchorschool.co.uk

Reigate and Banstead Kids Urged to get on their Bikes in **National Competition** traders. Phillip Darnton

Executive Director of the

Bicycle Association added

"The future of cycling depends

on every generation of kids

learning and wanting to cycle.

What better way to get started

than joining in the Big Pedal.

"The cycle industry through

its Bike Hub levy is delighted

to fund this event for another

year, 2012 is a very special

year; the Big Pedal marks the

start if the Summer of Cycling

a new campaign bringing

together everyone who cycles

and encouraging them to

cycling during the year.

be made.

introduce one new-comer to

"That's why the Big Pedal is

aiming for 1000 schools to sign

up and one million journeys to

To get your school involved in

http://thebigpedal.org.uk/

the Big Pedal go to:

Kids, parents and teachers across Reigate and Banstead will be getting on their bikes for the journey to school this March as part of Sustrans Big Pedal - with top prizes up for grabs for the schools that involve most people.

The Big Pedal is the UK's biggest school cycling competition to get kids active and raise money for the charity Sustrans

Nearly half of all children want to be able to get to school by bike but only four per cent do - the three week competition will show children and their parents just how easy it is to get around on two wheels.

Simon Pratt Sustrans Regional Director for the South East said

"Last year's Big Pedal saw children from more than 800 schools across the UK making nearly a million journeys by

"This year's race will see even more families discovering just how easy it is to do the school run on two wheels

"Children that cycle to school regularly are more active and more alert and better learners."

The race is funded by Bike Hub, the Association of bike

The Forge in Camden The Forge in Camden are now

hosting regular Children's Music Workshops run by experienced workshop leaders The workshops will give children the opportunity to be part of a fun and interactive music session where they can learn how to play and have fun with different musical instruments. This is a great way to introduce and encourage your children into music. All children must be accompanied by an adult and courtyard while keeping an eye on the workshop! Workshops are divided into two sessions 1-4 year old sessions run from 11-11.45pm

March 2012

5-8 year old sessions run from 12.15 - 1.00pm Upcoming Workshop Dates: Saturday 10th March Saturday 24th March Saturday 14th March www.forgevenue.org/whatson/eventdetails/25-feb-12childrens-music-workshop-



Little Tikes Gives Toddlers Their Very Own First Slide!

The Little Tikes First Slide provides toddlers with a chance to get active and adventurous all year round, while for parents, this quality piece of play equipment is fantastic value for money at just £29.99!

Ideal for both indoor and outdoor play, the First Slide

guarantees giggles and endless fun. Designed especially for little ones aged 18 months plus, the slide is extra stable and has high hand rails, so 'beginners' will find it easy and comfortable to navigate, becoming slide aficionados in

no time!

Minimal assembly is needed and the slide can be stored easily. Parents can choose from two fun colourways - pink/purple or blue/green.

For stockist details, call Little

01908 268480

Working together to make the best choice for you and your family.

Parental Choice is the essential "one-stop shop" for your childcare needs and advice on your legal rights during and after pregnancy.



Our services include:

- ✓ Advice on maternity and paternity employment rights
- ✔ Drafting flexible working proposals and guidance on flexible working
- ✓ Guidance on all your childcare options and the costs
- ✓ Nursery search to find the best nursery closest to you
- ✓ Advice on employing nannies
- ✓ Bespoke employment contracts and payroll services.

Parental Choice: dedicated to helping you make the right choices for you and your fan www.parentalchoice.co.uk 020 8979 6453



The Science Museum Live

Road and called the South

the Patent Office Museum

Billy and Stephenson's

transferred to the South

famous objects.

and attractive

about 1950

technology.

At the start of a new

formally

Rocket. These objects were

Kensington Museum in 1883

bringing into the Museum's

collection some of its most

In December 1931, the then

Director of the Museum.

Colonel Sir Henry Lyons.

in the world. The aim was

to stimulate the interest and

curiosity of children in science

and technology using simple

The Second World War closed

the Museum completely, with

most of the collection removed

to storage away from London.

Some smaller objects from

the collection were stored in

disused tunnels of the London

Underground. The Museum

didn't properly reopen until

millennium the Museum has

called the Wellcome Wing.

the Oueen. The Wellcome

Wing houses exhibitions of

present and future science and

HUGO

opened in June 2000 by HM

expanded into a new extension

opened a children's gallery, the

first of its kind in any museum

were displayed at the South

From 1862 major objects from

Kensington Museum, including

the steam locomotives Puffing

Kensington Museum.

The Science Museum Live brings the excitement of The Science Museum to the stage featuring spectacular science dangerous demonstrations and extraordinary experiments in this entertaining and educational live show. Featuring interactive sets, pyrotechnics and digital projections, the action is interspersed with web cam footage from inside the Science Museum as well as exclusive footage of some of the nation's scientific treasures stored at Wroughton in Wiltshire and Blythe House in Kensington

March 2012

The Science Museum Live is on at the Churchill Theatre, Bromley Wed 14 March 7pm, Thu 15 March 1.30pm Tickets £15.50. Children £13.50, Family Ticket (4) £52

0844 871 7620 (bkg fee)

A brief history of the Science Museum

The Science Museum as an existence for about a century and a half

It has its origins in the Great Exhibition of 1851, held in Hyde Park in the huge glass building known as the Crystal Palace

Art, antiquities and science and engineering objects were moved from there into new

buildings nearby on Exhibition

Throughout his extraordinary career, Academy Awardwinning director Martin Scorsese has bought his unique vision and dazzling gifts to life in a series of unforgettable

The legendary storyteller invites you to join him on a thrilling journey to a magical

world with his first ever 3-D film, based on Brian Selznick's award-winning imaginative New York Times hest-seller "The Invention of Hugo Cabref

HUGO is the astonishing adventure of a wilv and resourceful orphan boy whose quest to unlock a secret left to

"A MASTERPIECE" "HUGO WILL TAKE YOUR BREATH AWAY"

him by his father will transform Hugo and all those around him.

HUGO WILL BE RELEASED BY ENTERTAINMENT IN VIDEO ON RENTAL AND RETAIL DVD & BLU-RAY

BARON COHEN BUTTERFIELD GRACE MORETZ

26TH MARCH 2012

Merlin's Dragon' spreads its wings at Spotlites at Kings Theatre!

'Merlin's Dragon' is of Spotlites' two sell-out spearheading Spotlites interactive hits for 2-5 year at Kings Theatre's 2012 olds: 'Magic Porridge Pot' and 'The Enormous Turnip' Spring season, which brings interactive fun for all the In an intimate venue played in family to enjoy. This February the round, families are invited half-term brings an array of on an enchanting adventure, Spotlites' unique interactive tailor made for toddlers and plays and drama workshops, small children. The little 'uns including 'Peter Pan on come onstage and join in Dinosaur Island', 'Rapunzel throughout both these plays! 'A great introduction to - May the Force be with you!', 'Magic Porridge Pot' theatre' Herald on 'Magic and 'The Enormous Turnip Porridge Pot' Running until April, 'Merlin's 'So perfect' Three Weeks on Dragon' tells the story of Merlin's quest to defeat the evil 'The Enormous Turnip' Sorceress, Nimue, the Lady of Also, don't miss 'Spotlites the Lake. On his journey, he is Drama Workshops for 5-12s aided by an ancient and wise You drop your children off and

Dragon, a no-nonsense Princess and the White Knight, Sir Lancelot. Can they overcome the Lady of the Lake before she floods Avalon forever? Children join in throughout this interactive production for 5-12 year olds! Shoot firebolts with the Dragon! Joust with Sir Lancelot, the White Knight! Vanquish evil knights with real

battleaxes! Kids come onstage throughout in these acclaimed productions and can: hunt Pirates with the T-Rex! Defend Rapunzel's tower with a real lightsabre! Ambush Pirates with real swords!

There is something for the little 'uns as well in the form

01634 829468

The brand-new Marlowe Theatre in Canterbury will be entertaining young audiences over the Easter holidays with a brilliantly entertaining new musical version of the classic children's book Swallows And

the story of four children who set off on a boat for a very special adventure to

the magical Wildcat Island - meeting some dastardly pirates along the way!

they do the workshop on their own. Each workshop costs £5. 'Wow-tastic' British Theatre They have workshops on these

themes: lightsabres ready in 'Star Wars: Jedi Knight Academy'; save Far Far Awa from Prince Charming in 'Shrek'; Sonic Screwdrivers at the ready in 'Doctor Who'; outwit Miss Trunchbull and escape Bonecruncher in 'Roald Dahl's Matilda & BFG' and face Wizards and Werewolves in 'Wizards of Waverly Place'

Book online at www.spotlites.co.uk

Dance. Drama & Music Swallows And Amazons Brings Easter Fun To The Marlowe Theatre

Running between Tuesday 3 and Saturday 7 April, this action packed musical adventure has been created by the director of the smash-hit play War Horse. The perfect Easter treat for those aged 6yrs and above, tickets are available Swallows and Amazons tells from only £10 and under 16yrs go half price.

> Tickets can be booked on 01227 787787

www.marlowetheatre.com





Jim was pleased as punch when he found a team of plain speaking lawyers offering an extensive range of services. Surprisingly Straightforward Legal Services

Clarkson Wright & Jakes Solicitors and Notaries

Clarkson Wright & Jakes, Valiant House, 12 Knoll Rise, Orpington, Kent BR6 OPG Tel: 01689 887887 Fax: 01689 887898 www.cwj.co.uk

Please call before you go and please mention PARENTS NEWS

South Norwood Recreation Ground Car Green Road Croydon 020-8760 5707 Fitness Trails for adults & children of all fitness levels to get fit & keep fit. Positioned at each exercise station are signs showing the exercise to be undertaken with the suggested number of number repetitions.

Daily Harry Potter London Locations Tour 020 7222 1234 Meet at Temple Station, 2 1/2 hr bus tour of London locations featured in the Harry Potter films Learn more about the boy wizard & the Hogwarts gang with facts, discussions & an insight into how the films were made.

Daily Tower of London Tower Hill London 0844 482 7799 Fit for a King exhibition learn about the personalities, power & physical size of England's kings, from the Tudors, & the notorious Henry VIII to today's royal family

Daily London Zoo Regent's Park London 020 7722 3333 Rainforest Life Exhibit, experience the sights sounds, smells of the rainforest & come face to face with amazing rainforest species including monkeys armadillo, tamandua plus there's a special Night Life area, where you'll discover bats, rats & other nocturnal creatures that dwell in the dark

Daily Tate Modern Bankside London SE1 020 7887 8008 Family resources with paper based activities for families all ages FREE Daily Children's Multimedia Guide keeps children entertained & animates art works through music, video clips &entertaining games, 5+vrs, Every weekend Start Sessions with games, map making & clue matching, 5+yrs, FREE.

Daily National Army Museum 020 7730 0717 www.nationalarmy-museum.ac.uk Victorian Soldier Action Zone with quizzes, games & hands on activities to help your learn about life as a Victorian soldier, FREE, Daily The World's Army, Empire, Commonwealth & Dominion Soldiers 1914-45 Action Zone family interactive zone, FREE Daily Kids Zone, interactive learning & play space for under 10's plus a soft play area for

Just opened London Dungeon 020 7403 London Vengeance: The UK's first 5D laser ride Ongoing Dupass Hill Outdoor

Each item has clear

instruction for its use over 12's. Ongoing Natural History Museum Ice Rink 020 7942 5000 Attracting beginners & advanced skaters alike plus a café har servingfood plus hot & cold drinks. Also on offer a children's rink & a fairground carousel & lots more. Ongoing Imperial War Museum Lambeth Road 020 7416 5439

The Holocaust Exhibition children 14+yrs. Extraordinary Heroes exhibition. Ongoing Undercover - Life in Churchill's Bunker, Until 30 Oct Once Upon A Wartime: Classic War Stories for Children. Ongoing HMS Belfast Tooley

Street London 020 7940 6320 020 7403 0719(f) Gun Turret Experience: A Sailor's Story. going Private Tours discover some of the quirky sailor's stories of living & working on board including the time a reindeer joined the crew. Every final ekend of the month A Sailor's Life for Me family activities

Royal Mews Buckingham Palace 020 7766 7302 Family groups may explore a range of self directed activities from the art trolley, 5-11vrs.

Every Sun National Gallery www.nationalgallery.org.uk 020 7747 2885 Family workshops for families bringing paintings alive & listening to a themed story on the magic carpet, plus FREE family trail.

Every Sun Hildreth Street Market Balham SW12 Street Market with fresh food traders sourced from all over London.

Every Sun South London Gallery 65 Peckham Road 020 7703 6120 Hands on workshops for families led by gallery artists

Every Mon Blenheim Children & Family Centre Bromley 01689 879145 Tues, Wed & Fr morn toddlers activities.

8726 6000 Health walk circular through Lloyd Park & Shirley on mainly flat terrain, ideal for beginners, 2 miles last approx 1hr. meet 11am FREE & same walk on potentially hilly terrain. 3+miles ideal for advanced walkers, 2pm, FREE, Every Sa Park run FREE weekly timed 5k run, need to register first.

Mon Parchmor Community Centre 53-55 Parchmore Road 020 8726 6000 x88965 Circuit for those new to exercise, returning after illness & the more mature exerciser.

Every Tues Coulsdon Library 020 8726 6900 Bookstan Rhymetime for babies & toddlers Wiggle & Jiggle 2-4yrs Every rs Storytime, 2 1/2+yrs. 1 t Storytime, under 7's FREE Every Tues Ashburton Library 020 8726 6900 Bookstart Rhymetime for babies & toddlers. Every Thurs Wiggle & Jiggle for toddlers. Every Mor 11vrs. Every Sat Rock & Rhyme for babies & toddlers, Every Wed Social club for older people for a chat & a cup of tea. Eve term time only storytime for under 7's, FREE.

every Tues Purley Library 020 8726 6900 Bookstart Rhymetime for babies & toddlers & Wiggle & Jiggle, toddlers over 18mths. Fri Storytime 2 1/2+yrs Every Sat Rock & Rhyme for babies & toddlers, FREE.

Centre Croydon www.centrale conk In the Early Learning Centre playtime sessions for children, all ages with all kinds of arts & arts from making face masks, cards, painting, colouring or just play, FREE, 10-12pm, Tel: 020 8686 7535. Every Tues Thornton Heath

Every Tues Centrale Shopping

020 8726 6900 Bookstart Rhymetime for babies & toddlers, FREE, Every Tues Careers, training & learning FREE & Computer training courses for beginners to experts.

Leisure Centre Caterham 01883 344355 Family Swim.

Tues Riddlesdown Circular Walk 020 8726 6000 x64952 Health walk, 2-3miles, meet 11 am at 'Good Companions pub. Hamsey Green. FREE

Every Tues,Fri,Sat & Sun un Apr Haynes Lane Market Crystal Palace With lots of brica-brac, records, CD's, DVD's, books, antiques, toys, designer, fashion, art, photography & lots more, 11-5pm, entrance FREE. Wed Sanderstead

020 8726 6900 Bookstart rhymetime, babies & toddlers, Wiggle & Jiggle, 18mths+yrs, Storytime 2 1/2 +yrs. Fortnightly Rock & Rhyme for pre-school children, FREE.

very Wed Unitarian Church 1 The Flyover 020 8726 6000 x88965 Zumba Latin inspired dance music & rhythms, all abilities.

Every Wed Heaven at Nutfield 19 High Street www.heaven-Smiley Faces nutfield.com music group for babies & toddlers for up to 2vrs & 2-4vrs, there is also a playroom for under 5's, a café & a crèche.

Every Wed & Sat Millennium Arena Battersea Park 020 8871 7542 Drop in tennis sessions, 5-8.9-15vrs

Every Thurs Norbury Park and Norwood Grove 020 8726 6900 A circular walk through Norbury Park & Norwood Grove. 2-3 miles, meet at Norbury Train Station, 1.30pm, FREE. 21 Aug Butterfly Walk 2 hrs around the park to learn about these insects.

07968 832508. ery Thurs Selsdon Baptist Chuch Addington Road 020 8726 6000 x88965 Circuits Low intensity for mature exercisers Every Thurs Croydon Sports College Croydon High School 020 8726 6000 x88965 Circuits Low intensity for mature

exercisers Every Thurs South Norwood Leisure Centre 164 Portland Road 020 8726 6000 x88965 Aquacise sessions

ery Thurs Caterham Hill Rhymetime, FREE. Every Fri storytime, FREE. Every Thurs Horley Library www.surrey.gov.uk/kidstuff

Rhymetime, FREE. Fri of each month Chertsey 01932 575370 Museum Museum Monkeys sessions for under 5's with music, sing-a-long & craft activities for toddlers &

The Fabulous Fifties new display

in the Discovery Zone contrasts domestic life in the 1850's with that in the 1950's Lintil 25 Aug A Dress for all Seasons exhibition features 200 years of seasonal clothes & accessories from the Olive Matthews Collection There will also be an opportunity

> Every Fri Pavillion Leisure Centre Kentish Way Bromley 020 8313 9911 Families & under 11's Roller Disco sessions, 4.30-5.45pm & Families & under 16's Roller Disco sessions with full skate & safety equipment provided, doors open 6.15pm,

for visitors to dress up in seasonal

Tel: 07970 266790. Every Fri Rradmore Green Library Old Coulsdon 020 8726 6000 X64952 Bookstart Rhymetime for babies & toddlers, Wiggle & Jiggle, 2-4vrs. Every Mon Storytime 2 ½+yrs & Chatterbooks reading group for 8-11yrs. Fortnight ery Sat Rhymetime, FREE

very Fri Broad Green Library 020 8726 6900 Bookstar Rhymetime 0-5yrs, Fortnightly on Sat Rock & Rhyme for preschool children. Every Arty Crafty computers drop in sessions for under 5's, parents & carers, FREE.

Every Fri South Norwood Library 020 8726 6900 Bookstart Rhymetime for babies & toddlers. Every Tues Wiggle & Jiggle, 2-4yrs. Alternate Sat Rock & Rhyme or Storytime.

very Fri Shirley Library 020 8253 1023 Bookstart rhymetime for babies & toddlers, Wiggle & Jiggle for 18mths+, Every Storytime for 2 1/4+yrs Every Sat Rock & Rhyme for babies & toddlers. Monthly story & craft workshops, 5-10yrs.

Every Fri New Addingtor Library 020 8253 1023 Bookstart Rhymeitme for babies & toddlers & Wiggle & Jiggle, 18mths+, FREE.

very Fri Norbury Library 020 8726 6900 Bookstart Rhymetime, Every Thurs Wiggle & Jiggle. Alternate Sat Rock & Rhyme followed by Storytime. Last Fri of each month Chatter Books reading group for 8-12yrs,

Every Fri Selsdon Library 020 8726 6900 Bookstart rhymetime babies & toddlers, Wiggle Jiggle, 18mths+. Storytime for pre-school

www.parents-news.co.uk children. Every Sat Rock &

Rhyme for pre-schoolers 1st Tues of the month Arty Crafty 4-8yrs plus parents & siblings Sat afternoon teenage reading group. Last Thurs of month adult reading group. Every Fri Waddon Ponds &

Wandle Park 020 8656 5947 Circular walk through Waddon Ponds & Wandle Park, 2-3 miles meet outside Lidl, 11am, FREE. Every Fri Thornton Heath Leisure Centre 89-110 High Street 020 8726 6000 x88965 Aquacise pay as you go

Every Fri Caterham Valley Library www.surrey.gov.uk kidstuff Rhymetime, FREE Every Fri Dorking Library www.surrey.gov.uk/kidstuf Rhymetime, FREE. very Fri Gatton Park 01737

780255 www.gattonpark.com Every Fri Toddler Tales & Trails meet at the activity centre for a mix of indoor & outdoor activities each week a nonular children's book is featured, staff read the book with the children & then bring it to life out in the park, returning to do some art to take home, 2-4yrs, FREE. Every Fri Redhill Library

www.surrey.gov.uk/kidstuf Rhymetime, FREE. Every Fri Warlingham Library www.surrev.gov.uk/kidstuf Storytime, FREE.

Every 2nd Sat of month Elmbridge Museum 01932 843573 Seeing Things, Family Fun Event discover the magic of microscopes & telescopes & celebrate National Science & Engineering Week, FREE.

ry Sat The Green Dragon 58-60 High Street Croydon 020 8667 0684 Storytime for families 3-7yrs drop in 2hr session with stories, puppets, arts activities & songs FREE

Every Sat Electric Theatre Onslow Street Guildford 01483 444789 Little Sparks in the Café Bar with music, games, songs, stories & puppets & Sparkles Dance drop in classes for 5-9yrs Every Mon & Tues after school The Man in The Moon Weekly drama workshops, 6-14vrs, Every Wed All Star Choir 8-14vrs

Every Sat Blue Elephant Theatre Camberwell 020 7701 0100 Young People's Theatre workshops, various age groups 7-18vrs, FREE to join. ery Sat morn Norman Park Hayes Lane Bromley Kent 020

interactive storytelling for under

7's FREE Daily Launchnad

Science Shows interactive gallery

which will allow visitors to launch

a rocket, turn their head into a

sound box & control a magnetic

cloud for families, FREE. Daily

Gallery Tours, families 13+yrs

FREE, Ongoing Flyzone take

control in 360 degrees flight

simulators or fly with the Red

Arrows in their sensational 3D

weekend Icy Cool Adventure

families, under 7's, FREE. Ever

Weekend Spaced Out, families,

5+vrs. FREE, Every Weekend A

Until 15 July Tate Britain

Millbank London 020 7887

Art exhibition. Every weekend

Art Trolley sessions encourages

children to imagine & create

collages & lots more, FREE

Daily Family Resources provides

questions & activities which

explore art works, FREE, Daily

Until 31 Mar Write a Story for

may either be short stories of up

to 2000 words or the opening

2000 words of a longer story or

a novel, entry form plus details

co.uk or from Write a Story for

of Children's Writers PO Boy

95 Huntingdon Cambridgeshire

PE28 5RL on receipt of a stamped

www.childrens-writers

Family Trails under 5's FREE

Cockroach Tour, FREE.

motion effects theatre. Ever

8460 5291 Soccer School 4-6 7 9 & 10+vrs.

01306 881717 Saturday morning screenings of popular children's films, accompanying adult goes

Every weekend Rich Mix Bethnal Green 020 7613 7498 Kids' Cine Time a collection of films suitable for all the family Every weekend Temple Station 020 7222 1234 Harry Potte Locations Tour, 2 1/2 hrs

Every weekend Greenwich Clocktower Market Greenwich High Road Quirky weekend market has 50 stalls specialising in vintage, retro & antiques with a few contemporary craft stalls, FREE entry, www. Every 2nd Sat of

National Geographic Store 83-97 Regent Street 020 7025 6960 Animal Man comes face to face with slithering snakes, slimy insects & smelly skunks Meet a wide variety of animals to include owls, lizards, tortoises, armadillos, meerkats & lot more, hands on activities are led by AnimalMan Nick Spellman for all ages.

Until 2 Mar Great Ormond Street Hospital Peter Pan Week. throughout the week schools are encouraged to transform their classrooms into Neverland & get pupils involved in all kinds of exciting Peter Pan themed activities such as dressing up as their favourite character from the story. The charity hopes to raise £62,235 from the week to fund parent & family accommodation at Great Ormond St hospital which enables a parent to sleen next to their child or stay nearby To register www.peterpanweel

Until 4 Mar Design Museum Shad Thames London, 0870 833 9955 Terence Conran The Way We Live Now exhibition. 9-Mar Product Fitness 80 pop up exhibition & talk.

Until 4 Mar Museum of Childhood Rethnal Green 020 8983 5200 Magic Worlds. exhibition, FREE, 31 Mar-9 Sep Beautiful Games New Exhibition FREE Daily Family Backnacks for under 5's containing a train map, storybooks, play mats & question sheets, FREE

Until 10 Apr Science Museum Exhibition Rd London 0870 870 4868 Me in 3D visitors cn have their photograph taken

Please call before you go and please mention PARENTS NEWS www.parents-news.co.uk

historical character Mary Anning

& find out more about her life

& her collection of interesting

Animal Vision Show featuring

live animals shows there is a

world only visible to certain

rentiles & invertebrates families

all ages, FREE, 17 Mar Meet

the historical character Carl

Linnaeus, a Swedish botanist &

talk for families, all ages. 1

Mar Meet Dorothea Bate gallery

character who knows a lot about

millions of years ago, families,

all ages, FREE. 18 Mar Meet

an Antarctic Base Commander,

families all ages FREE 24 Mar

against a panel of scientists in

a special games show & decide

who is telling the truth & who is

bluffing, families, all ages. 25 Mar

Puppets, Gingerbread man Show

interactive show using nunnets

& storytelling, learn more about

natural history & science in a fun

way. Until 31 July Images of

Nature Dinosaur Way exhibition,

all ages. Every weekend & scho

hols Hands on Nature Dinosaurs

visit the handling station &

explore interesting specimens

with the help of the museums

science educators, FREE &

Up, Up and Away interactive

storytelling for under 7's, FREE

Daily Family Earth Lab explore

the wonder of fossils, rocks &

minerals, families, 6+yrs, FREE.

Explorer backpacks, families

under 7's. Dippy Floor puzzle

fossils for all ages 10.17.31 Ma

addressed envelope. 1st prize in 3D & explore wht they look will be a cheque for £2,000 like in another dimension. Every with 2nd & 3rd prizes of £300 & weekend Up, Up and Away

£200 respectively. Until end of Mar London Imax Cinema South Bank Waterloo 020 7928 3535 Dickens on Screen will explore how the work of one of Britain's best loved storytellers has been adapted & interpreted for the big & small screens

Until end of Mar London Imax Cinema South Bank Waterloo 020 7928 3535 Dickens on Screen will explore how the work of one of Britain's best loved storytellers has been adapted & interpreted for the big & small screens

Until June 12 The River & Rowing Museum Mills Meadows Henley on Thames 01491 415600 Rocking the Boat - the story of Women's Rowing.

1.3 Mar Natural History 8888 Picasso & Modern British Museum Cromwell Road London 020 7942 5000 The Ring of Fire talk on earthquakes, volcanoes & tsunamis & why they happen families 7+vrs FREE 3 24 Mar Cutting Edge workshop for families marine invertebrates encourage children & families to handle real specimens, take part in fun group activities & lots more. 3 Mar Ring of Fire talk on earthquakes, volcanoes & Children Competition Entries tsunamis & why they happen. families, 7+yrs. 3,11,31 Meet Charles Darwin with his collection of beetles & bear about his famous theory for the evolution of all living things for families, all ages, FREE. 4,11,18.25 Mar The Bird Table for families activities to help develop your knowledge & understanding of Antarctica's

penguins, adaptations & habitats,

FREE 4.10 Mar Meet the under 7's, FREE. Bookasaurus, families under 5's. Jurassic Ark family activity pack includes code breaking activities. Daily Learning Activators encourage visitors of all ages to discover more about the natural world, FREE, Daily Focus Points handling trolleys explore real specimens with the help of volunteers, using different natural history themed activities all ages, FREE.

see his specimens on the 1st floor. dar The Oueen's Gallery 7 Mar Killer Bugs discovery Buckingham Palace London 020 7766 7301 Antartic inspiration special event. Daily become an explorer & discover mammals & hirds that lived the exhibition with activity bags for families. Using the bags find out which animals the adventurers shared the Antartic with and what early explorers wore to protect Name Game Talk, pit your wits themselves from the cold.

2,9,16,23,30 Mar The Memorial Hall Godstone Road Kenley Friday morning market an indoor table top market offering a wide variety of goods to include, iewellery clothes tea & coffee plus picture framing & watch repairs, 8-12pm, FREE entry. 3 Mar Yvonne Arnaud Theatre Millbrook Guildford 01483 440000 Phoenix and the Carpet, 4+vrs 10 Mar The Owl Who Was

Afraid of the Dark, 3-7vrs, Until Mar Sense and Sensibility Mar On Golden Pond. 14 Rette and Joan, 15-17 Mar Fantastic Mr Fox based on the novel by Roald Dahl, 22-31 Mar His Dark Materials 28 Mar-7 Apr Barefoot in the Park.

Mar North Holmwood Village Hall Dorking 0844 243 6107 NCT Nearly New Sale

with clothes, toys, equipment for babies & toddlers, maternity wear, to register as a seller email

Mar The Foundling Museum 40 Brunswick Square 020 7841 3600 Explore the exhibition Ouentin Blake, as large as life in session aimed at 3-12yrs

Mar Earls Court Exhibition Centre London tnttravelshow.com TNT Travel Show extravaganza offers people the chance to source information. tips & advice from a wide range of exhibitors offering everything from day trips & city breaks to extended tours across Africa. Europe, the UK, Asia, USA & beyond for all ages. Admission FREE by pre-registration www.

Mar Somerset House Strand 020 7845 4600 Family workshops & for under 5's story drama & crafting sessions. Marbling Marvels, learn the craft of paper marbling, FREE. 10 Mar Parallel Lines FREE 1 Being Green an exploration & celebration of the colour green, FREE, 24 Mar Flower Power, FREE 31 Mar Dreamtime Treasures. Mini Make Believe workshops. 4 Mar Mad March Hares with songs, stories and bouncy hats, 2-5yrs, FREE.

Mar Museum of London Docklands No 1 Warehouse West India Quay Hertsmere Road London 020 7001 9844 A whale's tale create a short story book about these mysterious creatures. 5+yrs, FREE.

3-4 Mar Bourne Hall Museur Epsom 020 8394 1734 Herald of

Spring will mingle the sound of clashing steel & the merriment of a Shrove Tuesday Fair activitities for all the family, 8+yrs, try jousting, learn how to fight with a sword plus musicians & dancing.

> 3,4,10,11,17,18,24,25,31 Mar The Royal Observatory 020 8858 4422 Daytime Sky Watch: Venus take a look through the Observatory's enormous 28 inch telescope at the planet Venus as it approaches its greatest apparent distance from the Sun on 30 March, 7+yrs. 3 Mar Saturday Space Explorers drop in family workshops offering something new to make & take away each month to help you learn more abut astronomy including star charts planet finders & much more, 3+yrs,

0 Mar Ancient Greeks, 8+yrs.

3 10 Mar Davennorts Magic Theatre Strand London 020 7836 0408 The Magic Symphony magic show for the whole family staged to classical music & themed around the theatre & the theatre orchestra.

3-10 Mar Olympic Park Aquatics Centre British Swimming (50m), the event is part of the London Prepares series which will allow London 2012 organisers to road test Olympic venues before the games begin www.londonpreparesseries.com Mar Hornimar Museum London Road Forest Hill 020 8699 1872 Hands on



PARENTS NEWS DIGITAL Worth a visit Read PARENTS NEWS on-line

plus many featured articles

www.parents-news.co.uk Follow us on Twitter & Facebook

Education

Quality boarding at a competitive price.

The Duke of York's Royal Military School is a coeducational full state boarding academyfor 11 to 18 year olds. This means that you will only pay for your child's boarding care, as the state pays for their education. £9,750 a year includes all of your child's boarding, meals, laundry and exams, offering real value for

Located between Dover and Canterbury and set in 150 acres of beautiful countryside, they combine traditional values, a military ethos and outstanding academic results with modern teaching and sport.

The Academy's specialisms are science, sports, music

the sports facilities include a swimming pool, gvm, running track, rugby and cricket pitches, a shooting range and outdoor assault course

> With a focus on leadership self-discipline, respect and teamwork; ceremonial parades and Combined Cadet Force activities are at the heart of the Please visit

> > www.dovrms.com 01304 245 024







Hundreds

When your daughter joins

be welcomed in to a warm

is always the most important

respond best when they are

they are able to stretch even the

youngest girls to achieve more

than you could imagine.

They accept girls in to the

immediately following their

even at this young age, is to

CHS

third birthday and the priority,

Nursery from the term

Runners of all abilities are expected to turn out at the event in Mote Park on Sunday, March 25.

The last event, held in 2010, saw more than 850 people take part raising more than £28.500 for the cause.

This year, the run, organised by Maidstone Borough Council, is expecting to see in excess of 1,000 runners come along and take part in one of

three distances.

For fun runners or professionals, adults and children there is a six mile, three mile or one mile offering The six mile starts at 10.30am three mile at 10.45am and the one mile kicks off at 12.30pm. All races are starting from the

To enter visit the Sport Relief website at

http://mv.sportrelief.com/ search/event/result?id=878&l ocation=maidstone

Throughout the day there will also be a family area with face painters and a bouncy castle. Join the Health Passport scheme. Benefit from tips, help and motivation to be healthier. So sign up today to get top tips and support to keep you on track with your new year's resolution -

www.healthyclub.nhs.uk

Croydon High Juniors

build confidence to help put in Croydon High Juniors she'll place the building blocks for her education and development and caring environment where If you are considering Nursery learning is fun and being happy and Reception options for 2012, why not bring your thing. Years of experience with daughter to the girls have taught them that they FREE Activity taster sessions at the school on 7th March secure and happy. That is why

or 17th May from 10.30 to 11.30am A Taster Morning for years 1-6 will take place on the 14th March from 9.30-12pm and the Junior School Open Day is on 17th May 9.30 - 12pm Call 020 8260 7508

10-11.30am - £3 020 8260 7508



to book your place or to

Croydon High School - an

Independent Day school for

Old Farleigh Road Selsdon

TODDLERS FROM 0-4vre

EVERY TERM TIME THURS

www.croydonhigh.gdst.net

admissions@cry.gdst.net

LITTLE IVY'S STAY

AND PLAY

girls aged 3-18.

NEW FOR 2012 -

FOR BARIES AND

CR2 SVB

arrange a personal tour of the

Micklefield School

Micklefield School in Reigate has been described by The Independent Schools Inspectorate as 'Outstanding in many areas.

March 2012

The ISI Inspectors found that the quality of their teaching 'effectively supports high achievement and enables all pupils, irrespective of ability, to achieve their potential in line with the aims of the school'.

Micklefield has been educating children since 1910 and prides itself on having created an environment where both boys and girls, from rising 3-11 years, achieve this aim enabling the children to move

with confidence and high self esteem. The spacious nursery in Belton House is fully integrated with the main school and also facilitates a Parent and Toddler group which runs every Tuesday, Wednesday and Thursday afternoon between 2pm and 3.15pm term time. Booking is not required for the Toddler group.

Micklefield School 10 Somers Road, Reigate,

01737 242615 office@micklefieldschool co.uk www.micklefieldschool.co.uk



Advertising Sales **Positions**

Work from home as a commissioned agent PARENTS NEWS is growing again, and needs more advertising sales people in our 19th year publishing We seek bright, friendly, organised, self-motivated people to work on commission, developing sales and building realtionships between advertisers

It is important that our reputation is maintained so we do not seek aggressive, foot-in-door, types, but those who believe in long term goals.

If you think this is you, and you wish to work for this established business please send cv

fergus@parents-news.co.uk

Fergus McCarthy PARENTS NEWS UK 10 The Manor Drive, Worcester Park Surrey KT4 7LG

www.parents-news.co.uk

OUR CHILDREN ARE AMAZING ALREADY. WE JUST HELP THEM PROVE IT



Flexible roles for mumpreneurs needs and wants. LittleBird LittleBird.co.uk has built up deals are sourced by mums for a great reputation for offering premium deals since its launch Commenting on the launch of in May 2011. The collective the LittleBird Ambassadors buying website, targeted founder Sarah Wuttke said: specifically at families, partners "We are absolutely thrilled up with well-known high-street with the response. There are so names, brands and quality many smart women out there independent businesses to offer and we can't build the network a wide range of unbeatable

Professional Mums

fast enough". LittleBird gives discounts of up to 70% off a variety of family based activities, products and treats for mums and dads. Previous partnerships include The Gruffalo, Lee Valley Park, The Design Museum, Willows Farm, Battersea Zoo, Toni & Guy and Buyagift.

www.littlebird.co.uk www.facebook.com littlebirddeals www.twitter.com/ littlebirdeals



deals to their users

The role of the LittleBird

part-time employment for

mums who do not want to

Ambassadors offers flexible.

return to full-time work, giving

them an opportunity to take on

a new challenge with unlimited

earning potential and, fit their

work life around their children.

Local LittleBird Ambassadors

helping them keep their finger

to tap into local communities

on the pulse and enabling them

are integral to LittleBird,

The Duke of York's Royal Military School Academy with Military Traditions

Attention ALL PARENTS

Is your child aged 11 to 18?

We offer quality boarding for £10,000 per year.

Excellent academic results Over 70 sports, clubs and activities

Specialise in science, sport. outdoor education and music Focus on leadership. self-discipline, respect and team

> work Located between Dover and

www.doyrms.com

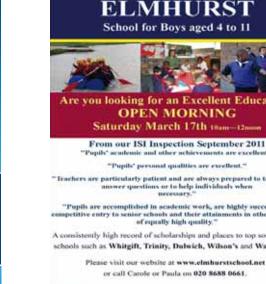
Canterbury

Our boarding fees are subject to annual review





www.croydonhigh.gdst.net







South Park Hill Road, South Croydon, Survey CR2 7DW





May 14th and September 29th 2012

YEAR 5 TASTER DAYS **JUNE 2012**

FIND OUT MORE ABOUT LIFE AT BROMLEY HIGH SCHOOL

4+, 7+, 11+ AND 16+ Fees Assistance & Scholarships available

admissions@bro.gdst.net Tel: 020 8781 7000 www.bromleyhigh.gdst.net

hold to distract them from you

this shouldn't wake them but

will allow you to get rid of any

unsightly build up on the teeth

10. If you're still not having

any luck, don't push it for

a day or two as this will only

serve to associate frustration

Easter Sports & Activities Camp at St Lawrence College

The camp environment is a powerful force in shaping the lives of young children. St Lawrence College Activity Camps encourage confidence through experience; it allows children to challenge themselves through excitement and adventure in a safe and secure setting and enables

them to develop social skills

within a diverse framework.

Learning skills in the broad

range of activities on offer is very beneficial to children. By being exposed to so many activities such as swimming. climbing, arts and crafts, sports and outdoor recreational games, children are able to build on and develop skills that will last them a lifetime while ultimately having fun.

As a well directed camp they strive to make every camp experience a success, making sure that every child is included in each activity and that each

child interacts in a positive way. What develops is the fostering of a team atmosphere which in turn leads to lasting friendships. These friendships are often unique and special as the camp is open to anyone between the ages of 4-14 so it's a great chance to meet and interact with a diverse group of

To find out more call Ian Young at St Lawrence College 01843 587666



Caldecott Fostering Service

Looking for an interesting worthwhile career

How about becoming a foster carer.



A career in fostering for families, couples, or singles with or without experience is urgently

If you are energetic, capable, problem solving, ontimistic, fun loving and can provide a good role model to the young people/children in our care and make a difference then we would love to hear from you. Each young person will require their own room in your home.

If you feel that you can make difference for these young people/children and are happy and prepared to work from home, work as part of a professional team, undertake professional training and develop personally then we are the organisation for you.

As a foster carer you will be paid a generous weekly allowance, including paid respite, holiday allowance and insurance. You will also receive support from your personal fostering social worker through formal supervision, ongoing package of training, 24/7 365 days a year telephone support. As well as being part of an organisation which from direct experience

Still interested and about this exciting new career then call us on 01303 815648 now so that you can start on this wonderful and rewarding career or for further information please write to the address below or look at are website at www.thecaldecottfoundation.co.uk/fostering

The Caldecott Foundation, Caldecott House, Smeeth, Ashford, Kent TN25 6SP

We look forward to hearing from you

66 Due to its good repo Caldecott Foster Carer

Top 10 tips to encourage kids to clean their teeth

6. If your child wants to

1. Always clean your teeth at the same time as your child. Children love to imitate grownups so if you're cleaning your teeth the likelihood is they will want to copy.

2. Use a toothpaste especially designed for kids as they taste naturally sweet and will make teeth cleaning a more pleasant experience. Young children will often swallow toothpaste so choose a fluoride-free option such as Organic Kids Tooth Gel by Lavera www.lavera.co.uk.

3. Use a brightly coloured toothbrush. Kids are attracted more to vibrant colours and will relish the prospect of cleaning their teeth if their toothbrush is bold and bright.

4. Negotiation can be a

powerful tool when bringing

up children. Say that if they

minutes morning and night,

they will be rewarded with

something they enjoy such

into the morning and

favourite story.

as a trip to the park or their

5. Introduce teeth cleaning

bedtime routine. E.g. if you

and story in that order, then

your child will soon come to

part of their normal routine

realise that teeth cleaning is all

always do bath, pyiamas, teeth

clean their teeth well for three

brush your teeth, let them. cleaning their teeth with the This will give you an ideal other brush. opportunity to brush their 9. If all else fails, give your teeth - brushing each other's child's teeth a gentle brush teeth can be great fun which when they are asleep. Young associates laughter and fun children sleep so deeply that

with teeth cleaning. 7. Let them know they're being kind to the planet. Monte Bianco toothbrushes come with detachable heads which means that less plastic ends up in landfill. Children will love to learn how their actions are helping to save the

and upset with teeth cleaning Instead, get everyone else in the family to clean their 8. Use two brushes: while teeth while your child looks very young children may on, ensuring that you laugh be keen to hold their own and smile at the same time. toothbrush, the brushing which Children hate to think they're results can be ineffectual missing out so will soon want Give them a toothbrush to to be in on all the fun!

Homefield School

"I don't believe we could have found a better school in the country to bring out the best in both our sons". (a Homefield

Homefield is a school for 400 boys aged 3 to 13, housed in an extensive nurnose-built complex, with well equipped science laboratories, large Art, DT and Music suites, a spacious Early Years' Unit and a 2-acre adjoining playing field Homefield is proud of its family atmosphere, and of its pupils' academic, musical, dramatic and sporting achievements. A record 52 awards to senior schools have been won in the last 2 years. Transport is available to and from the Wimbledon area.

020 8642 0965 to arrange a tour or e-mail us administration@homefield sutton.sch.uk www.homefield.sutton.sch.ul

HOMEFIELD **SCHOOL** For boys aged 3 - 13 Give your child the best start in life 100% pass rate at Common Entrance to 36 senior schools over the last 10 years Over 50 awards to senior schools in 2010 and 2011 We offer academic. art, music and sports scholarships Please contact us to arrange a tour www.homefield.sutton.sch.uk 020 8642 0965

March 2012

from Centre Pas

Family Workshops, drop in, 3+vrs, FREE, use all your senses to explore the animal kingdom, musical instruments, costumes, masks, toys & puppets from all the world in themed workshops, 3,10 Mar Hands on Puppets. Hands on Music, 24 Mar Hands on Costume 3 10 17 24 Mar Art Makers fun themed sessions led by a professional local artist. 3,10 Mar Indian String Puppets. 17,24 Mar Cress Creations, 31 Mar Woven Easter Baskets. 25 Mar Nzinga Dance Ensemble Concert, FREE, all ages. Every Wed until

Busy Bees sessions for under 5's with creative play, stories, art & craft, songs & lots more.

Discovery for All, drop in to explore thousands of real objects from around the world, families 3+vrs. FREE drop in. Unti 9 Sept Mummers, Maypoles and Milkmaids - A Journey Through the English Ritual Year exhibition FREE for under 16's Until 31 Dec The Art of Harmony The V & A & Horniman Music Collections, FREE. 3.10.17.24.31 Mar National

31 Mar & every Fri until 30 Mar Maritime Museum Greenwich

Biggest 6 Lane Track SCALEXIFIC | in South East 0844 8094501 Kids Parties & Clubs M2/14

www.chequeredflag.info Learning Together

New book available March 12 relevant to parents of young Montessori St Nicholas, the UK's largest Montessori charity announces the publication of a new parenting book: Building Strong Foundations: What Montessori can offer your family. The book takes a fresh look at family life to help parents put the child at the heart of the home and unlock their amazing potential. Packed with ideas and advice, it is

children from birth upwards. It explains what the Montessori philosophy of "follow the child" means and discusses key elements of the approach which embraces child-led, natural and favorable home environments. For further information or to pre-order your book, RRP

book@montessori.org.uk www.montessori.org.uk

What Montessori

can offer your family

020 8312 6565 Explore Saturdays meet a character from he part & take part in an exciting performance that will bring maritime history to life, 6+vrs. FREE, 4.11.18.25 Mar Discover Sundays explore your personal connections to the sea, all ages, FREE, 6,13,20,27 Mar Play Tuesdays young children can have fun with their families as they explore the museum through making music, dance & stories, under 5's FREE. Daily Ship Simulator discover the art of navigation & communication at sea, become the captain of a ship & try your hand at manoeuvring into port using the state of the art bridge simulator, for vounger

visitors, FREE. Mar Harlequin Theatre Warick Quadrant Redhill 01737 765547 A Night of Dirty Dancing featuring all the hits from one of the biggest dance movies.

Mar Concert Hall Fairfield 020 8688 9291 Bootleg Beatles in Concert. 11 Mar The Solid Silver 60s Show, 14-15 Mar Croydon Schools' Music Annual Festival of Music. 16 Mar The Osmonds Final UK Tour, 18 Mar Bjorn Again 2012 Spring Party. Mar Croydon School's Dance Associations from Croydon's infant, junior & high schools. 24 Mar Arthur Davison Family Concert 25 Mar American Superslam Wrestling

11 Mar Churchill Theatre Bromley 08448 717 620 Sing-along-a Grease, 14-15 Mar Science Museum Live, experience

spectacular science, dangerous demonstrations & extraordinary experiments live on stage, for all State Circus Yin Yang with a fusion of acrobatics, martial arts & dazzling circus skills. 25 Mar One Night of Elvis tribute show. 13 Mar South Norwood Country Park 020 8726 6900 First signs of Spring meet warden for a 2hi stroll enjoying spring colours & sounds at the park, meet 2pm. 13-17 Mar Ashcroft Theatre Fairfield Croydon 020 8688 9291

All the Fun of the Fair starring David Essex. 30 Mar-1 Ap Peppa Pig's Treasure Hunt true to life puppets, sinaglong songs & a new story which will delight all. 1717 Mar Beaulieu Heights 020 8726 6900 Spring time wander through the park to explore the many different trees on site & marvel at the first spring flowers, 1 1/2 hr walk for all the family.

17 Mar The War Memorial Hall Burgh Heath 01737 379347 Table Top Sale to raise funds for the Village Party for the Oueen's Diamond Jubilee. Home made cakes, tea & coffee will be on sale throughout the afternoon, 1-4pm. FREE entrance for children.

17 Mar Tadworth Church Hall 01737 813152 Model Railway exhibition, lots of layouts & items for sale, morning breakfasts, tea, coffee, cakes & sandwiches available 10-4 30nm

17 Mar Fetcham Village Hall 01372 372236 Nearly New & Table Top Sale selling prams. buggies haby equipment kids clothes toys & lots more the sale will be supporting the Macmillan Cancer Trust fund.

25 Mar Happy Valley & Farthing Downs Coulsdon 020 8726 6900 Happy Valley Wildlife Tracks & Trails learn how to interpret the clues animals leave behind. Join the warden looking at signs such as tracks, burrows, droppings & tooth marks & make your own animal track plaster casts, suitable for children & adults. Every Wed Circular walk around Happy Valley meet at Fox Lane car park 11am, 2-3

miles, FREE. 25 Mar Sport Relief Mile Parsons Pightle Old Coulsdon Hosted by John Fisher RFC open to local community & further to run the 1.3 or 6 mile courses across Happy Valley. Money raised will support people living unimaginably tough lives to register www.sportrelief.com. John Fisher have teamed up with Tandridge Trust & a number of other sports clubs to provide a full day of sport entertainment involving different sports, means. ladies & junior teams.

31 Mar St Mark's Church Hall Purley Indoor Car Boot Sale, 10-12pm, open for sellers at 8.30am, admission FREE, for children, 31 Mar Two Rivers Shopping

Centre Staines Easter Fair selling everything from Easter cards to Easter themed bunting plus face painting a mask workshop plus children from local schools in Staines will be taking part in an Easter Bonnet Parade, 10-4pm.

Bembridge Windmill 01983 873945 Spring Nature Trail

s get 2 free. Directory advertisers pay for 5 and get o end cheque payable to Parents News, 10 The Mar Drive, Worcester Park, Surrey, KT4 7LG. 020 8337 633 Fax: 020 8337 8363 info@parents-news.co.uk Deadline see P2. receipt SAE

GEORGE CROWTHER

Clinical & Developmental Psychologist Education & Child Care Consultant

Independent Assessment, Opinion & Advice Little Hill, Colley Manor Drive, Reigate, Surrey RH2 9JS Tel Fax 01737 243286 Mobile 07710 214349 Email: geocrowther@hotmail.com

www.georgecrowther.co.uk Director of Education Law Association (ELAS) Member of Independent Tribunal Service (Disability) Expert Witness & SJE (The Law Society) Fellow of the Royal Institution (FRI

SWIMMING LESSONS

Swimwell swimming school weekly lessons holiday crash courses Crovdon Purley Wallington Warlingham 01424852935 07949 184 463 info@swimwelluk.com www.swimwelluk.com

HEALTH - FITNESS

Relaxing Massage at Home While children at school 07711 724 129

mobile-aromatherapy co uk

School Talk Free Open Days, Car Boot Sports Days, Fayres Plays: Christmas Shows for schools & nurseries tha distribute PARENTS NEWS info@narents-news.co.uk

14 Mar - Dalmain Primary School, Forest Hill, Open Morning, 9.15am, 020 8699 2675.



CELEBBITY DEPTILES

17 Mar - Elmhurst School for Boys. South Croydon. Open Day. 10-12om. 020 8688 0661

TRUSTED



416 1967 Reclaim vour social life!

Now you can find professional, experienced babysitters even at short notice. We interview each babysitter in person and check all reference horoughly. All have professional childcare experience with most being

tered Childminders or qualified Nursery Nurses & Nannies For your first booking FREE of any booking fee visit us at

If you would like to discuss your children people call Sitters on 08447 367 367

Sitters Sitters are Britain's favourite

babysitters. They have more experience than anyone in selecting suitable, professional childcarers and arranging your evening and daytime babysitting appointments (even at short notice).

The service provides today started out as Childminders in 1967 and has operated continuously for over 40 years. They have childcarers who have been with them for many years and who have babysat for hundreds of families. For your

thoroughly. All Sitters carers have years of professional childcare experience and most are OFSTED Registered Childminders or professionally qualified Nannies or Nursery

reassurance, they interview

each and every childcarer in

person and check all reference

Sitters lets you reclaim your social life!

www.sitters.co.uk or call them on 08447 367 367

Published & Copyright 2012 Parents News UK, 10 The Manor Drive Worcester Pk Surrey KT4 7LG 020-8337 6337 Prep & Printing: Mortons, Morton Way, Horncastle, Lincolnshire LN9 6JR 01507-523456



The PRIMIGI SYSTEM delivers maximum well-being and reliability.

For more than 30 years, Primigi shoes have been the preferred children's footwear of Italian mums. From their first steps to school, Primigi accompanies kids throughout their growth with attractive, innovative and reliable shoes. The experience of a large group, modern technologies, the careful selection of high-quality materials and Italian style come together to create specific products that satisfy all childhood needs. Thanks to its extremely vast range, Primigi offers the right product for every situation, including GORE-TEX® shoes, Primigi Sport shoes (for the most extreme sport, growing up!), and Primigi Girls shoes for the fashion-conscious Tween. Primigi, Italian style for kids.