

#### English National Ballet Nutcracker

This Christmas season English National Ballet presents its acclaimed production of Nutcracker returning to the London Coliseum 14 Dec 2016 – 7 Jan 2017. 2015 saw English National Ballet's most successful Nutcracker run on record, when over 73,000 people made a performance at the London Coliseum part of their holiday celebrations. This year's tour

of Wayne Eagling's version

Nutcracker production every

year since 1950, its founding

continues the Company's

tradition of presenting a

On a sparkling Christmas Eve in a frost-dusted Edwardian London, Clara and her enchanted Nutcracker doll discover a magical world where she battles with the Mouse King and meets a handsome stranger. As the air

grows colder, Clara and her valiant Nutcracker take a hot air balloon ride across London to the glistening Land of Snow where her adventure really

In a world of Edwardian elegance, Nutcracker brings to life the popular Tchaikovsky score featuring the Dance of the Sugar Plum Fairy and Waltz of the Flowers. English National Ballet will host a range of workshops and events, aimed to provide a gateway into the world of ballet. Activities include onstage workshops for all ages, Live Drawing, Family Events, and Behind-the-scenes Talks. Family Friendly performances of Nutcracker are on Tuesday 3 and Saturday 7 January (matinee performances). Times

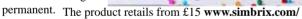
and ticket prices vary www.ballet.org.uk/ nutcracker



#### **Christmas Gift to Suit Children age 5** +

Simbrix are little individual bricks which connect together to form a shape or design, encouraging children to use their creativity.

The bricks are scatter-proof during play but easy to take apart and reuse. It can even be ironed if you want



Hamleys Regent Street Second Annual Toy Parade

A cast of hundreds including marching bands, dancers and toy vehicles will descend on Regent Street along with ncluding Teenage Mutant Ninja Turtles, Ghostbusters, Mr & Mrs Potato Head and My Little Pony. Hamleys, the finest toy shop in the world, will once again bring a family fun to Regent Street Sunday 20th November 2016. 10:30 – 16:00

#### Holy Cross

Saturday 26th November,

2 to 4pm. Raffle, chocolate tombola, cakes, gifts and a visit from Father Christmas 50p admission

Sunday 27th November, Christingle service in aid of the Children's Society . 4pm

24th December, children's crib service, 3.30pm.

## Galt Toys has launched six new puzzles

4 Puzzles in a Box – Dinosaurs or Fairies

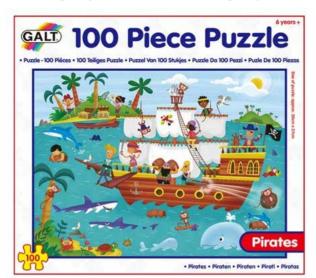
Each puzzle box contains four colourful scenes, with a different amount of pieces to encourage the development of matching and sorting skills. The puzzles range from 12, 16, 20 and 24 pieces, with bright designs to help stimulate a toddler's sensory and cognitive development. Suitable for children aged 3+ years, the 4 Puzzles in a Box retails at £5.99, available from

www.galttoys.com

100 Piece Puzzles

The four 100 piece puzzles are beautifully illustrated, depicting four fun scenes including: Dinosaurs, Pirates, Princesses and Safari. Each puzzle comes with a full size poster to follow, and with so much going on in each scene children will return to them time and time again. Suitable for children aged 6 and onwards, the 100 Piece Puzzles retail at £6.99, available from

www.galttoys.com



#### SCRIBALL: Collect it, Colour it play it.

Scriball, a unique and fun new gift from football experts Mitre, is guaranteed to bring a twist to this year's Christmas (and birthday!) gifting. Not iust any football, it won't only have your kids kicking and throwing it, their creative juices will be flowing too, as it includes everything they need to decorate and create their

very own keepsake ball. There are three Scriballs to collect with different cartoon characters Oodles (the goalie), Zongs (the defender) and the Floops (the strikers).

in a colourful easy to wrap box that includes a mini pump and set of five funky felt tip pens. It even includes a stand to proudly display your finished

At just £10 each, Scriball is the perfect stocking filler and is available now at

www.mitre.com



#### **Revd Rachel Taylor**

Holy Cross Vicarage 2 Douglas Avenue Motspur Park Surrey **KT3 6HT** 

www.holycrossmotspurpark.org.uk



#### A Play by David Wood

Based on the book by Dick King-Smith 25 Nov 2016 - 5 Feb 2017 at Polka Theatre, Meet the little pig with big dreams in Polka's new stage adaptation of much loved novel Babe, The Sheep-Pig. Featuring stunning puppetry, original music and a charming 'baa-ber sheep' quartet, Babe, the Sheep-Pig runs on Polka's Main Stage for the whole family ages 5 and up. With a subsequent national tour throughout 2017, this is Polka's biggest ever production.

Babe, the Sheep-Pig

www.polkatheatre.com or call the Box Office on 020 8543 4888

#### **PARENTS NEWS** Primigi Shoe Review

by Lucy Parley, 37, mum to Reuben, five, and Lois, three, and co-founder and editor of fussybird.co.uk

**STYLE (EN) 6128277** boys' sneakers

These trainer boots had my five-year-old at 'flashing lights'. He was thrilled with his lightup shoes, which are activated by a side button or by jumping up and down on the soles. Bright yelllow laces on a blue background add to their appeal, and the laces themselves are great for when he wants to practise tying them. Luckily, there's also a handy side zip for quick and easy putting on and taking off, and the soft leather upper makes it even easier for them to push their foot in.

Aside from their stylish appeal, the trainers also tick off a few practical points that mums are always looking out for when it comes to their little ones' footwear. My son can get quite hot feet, so the removable. breathable and washable leather insoles are a godsend. There's also supportive cushioning in the heel, acting as a shock absorber for when your mini superheroes are jumping off climbing frames and swinging from trees.

Durable and hardwearing but so soft, light and flexible to allow freedom during play, I was reassured by how well these trainers are made.

My active kids get through shoes incredibly quickly, so it's important to me that I find shoes that last through the intensive physical wear and tear they are subject to. And they really do look great on the blue contrasted strikingly against the bright yellow sole and laces, making them a stylish addition to my son's wardrobe. He wasn't taking them off in a hurry!

**STYLE (EN) 6181000** girls' sneakers

Glitter, shiny metal detailing and pink sparkles (offset against a muted grey background) meant these were an out and out win for my three-year-old daughter, whose feedback was 'Wow!'.

The easy-wear Velcro straps made them a win for me too, as it meant she was more than capable of putting her shoes on without assistance – great for little ones learning to become independent.

The straps also give the fit across the top of the foot more flexibility, which I found useful as my daughter has a high instep, so it can often be hard to get her foot in a shoe, which will then inevitably dig in and leave a mark.

Lightweight and super-soft but made well from quality materials, they have a good grip and flexible sole, which made them perfect for a snazzy scoot to the shops. The breathable leather insole kept my daughter's feet dry and comfortable even after a busy day's play, and the glittery toes and sparkly stones decorating the Velcro straps make these eye-catching play shoes work as partywear, too.

Instead of going for the usual patent-leather party shoes, I would add these to a tutu or little dress for a cool, casualsmart twist that lets her run around and dance away at the disco without fear of rubbing or slipping.

www.primigi.com



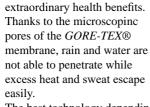
#### Going for a Winter Walk

Original and dynamic, *Primigi* shoes are perfect for children who want to enjoy the most beautiful season of the year ... in style.

At least two types of shoes are recommended during this season: high, with an insulating, lug type sole, suitable for the cold and rain; it's alright if they are waterproof. Lighter, with flexible soles and uppers, good for heated rooms, for long hours spent at home.

Do you believe that the sudden changes of winter temperature can be a problem for your children? Nothing to worry about, you can also leave them free to play outside, *Primigi* together with *Gore-Tex*® will protect and keep their feet dry.

PRIMIGI shoes with GORE-TEX® deliver a special combination of total breathability and waterproofness, keeping feet dry and protected against the cold and overheating with



The best technology depending on the situations: for children always on the move, who don't want to give fun outdoor games up,

even with snow and low

Choose for your child the only mix of technology and style able to assure the maximum performances combined with the latest fashion trends.

guaranteeing waterproofing

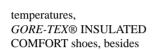
and breathability over time,

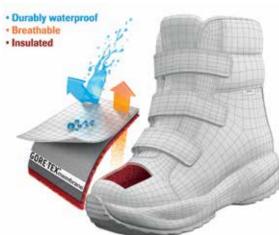
perfectly protect the foot

keeping it dry and cool.

Many are the *must-have* of the season: all super trendy, made of technical materials with lightweight soles.

Find more on www.primigi.com







#### The Snowman

23 Nov - 1 Jan
Peacock Theatre
Portugal Street, WC2A 2HT
www. peacocktheatre.com
020 7863 8222

"Sheer theatrical magic. Go see *The Snowman* and melt" The *Times* 

Delighting audiences for 19 hit years, this magical stage adaption of **Raymond Briggs**' much-loved book has transported a generation of children and their families into the wintery wonderland of a boy and a snowman that comes to life.

Twinkling with festive spirit, this joyful mix of exquisite dancing, storytelling, enchanting sets, a flying Snowman and live music

– including the beautiful 'Walking in the Air' – is the perfect Christmas treat for all the family.

"Guaranteed to melt the heart of even the most cynical Scrooge" *The Guardian* 



## A Truly Magical Christmas at *The Rare Breeds Centre*

3rd, 4th 10th, 11th, 17th, 18th, 21st, 22nd & 23rd Dec No family Christmas is complete without a visit to see Father Christmas and here at the *Rare Breeds Centre* Christmas has become a much

loved tradition.

This is a heart-warming family experience that will leave not just the children feeling suitably festive, but the rest of the family too!

The elves will welcome you into our truly magical Grotto and along with 'The Naughty Snowman' and Santa you will experience forty minutes of fun and entertainment, at the end of which each child meets Santa for a one to one chat and receives their special present, whilst you take those cherished photos!

Sessions with Santa are at: 10.30 am 11.15 am 12 noon

1.30 pm 2.15 pm 3 pm Booking is essential, either www.rarebreeds.org.uk or call Nikki

01233 861508

This year 'Wiley Wolf Productions' are performing **Peter Pan** the pantomime, with all the usual jokes, fun and interaction.....don't miss this, the kids will love it..... performances are at 12 noon, 1 pm and 2.15 pm...Oh! no it icn't!!

Take the children to Mother Christmas' workshop to decorate biscuits or cakes..... no extra charge for this activity and for a small fee, the children can make a candle and turn it into a very special table decoration for their Christmas table!

The Rare Breeds Centre Woodchurch TN26 3RJ





#### Mr Tumble's Christmas Party

Star of CBeebies's Something Special, Mr Tumble, will be brightening up the festive season and making Christmas celebrations even more magical, for children and parents alike, with the release of his first ever album, Mr Tumble's Christmas Party, out on 4th November.

The album contains brand new studio recordings of 20 muchloved classic Christmas songs, with a Mr Tumble twist. Tracks include Santa Claus is Coming to Town, Rockin' Around the Christmas Tree, Frosty the

Snowman, Rudolph the Red Nosed Reindeer and many more, including Do You Want To Build A Snowman from the kid's favourite blockbuster hit film, Frozen.

CBeebies' Mr Tumble (played by Justin Fletcher) regularly plays to live audiences across the country and is one of the biggest and most well-known celebrities for pre-school children - a superstar for tots. How apt then, that he joins his peers with an album of everyone's favourite Christmas



#### Tesla Model S for Kids arrives in the **UK** in time for Christmas

The ultimate gift for young car enthusiasts, the Tesla Model S for Kids is now available for pre-order in the UK, with shipping starting from November. The most innovative battery powered ride-on for children was created through a collaboration between Tesla and iconic American tov manufacturer Radio Flyer.

It boasts the exhilarating performance of a Tesla (with two speed modes at 3mph and 6mph) and features the longest run time and fastest recharge time thanks to its Flight Speed™ Lithium Ion battery technology.

Shoppers can design their child's Tesla with features such as long range battery, premium paint finish in authentic model

S colours, personalised number plate, working headlights and front trunk ("frunk") storage compartment. The ultimate ride-on is suited to kids ages 3-8 and is now available online for pre-order at

starting from £499.

kid's battery powered ride-ons, the Tesla Model S for Kids features longer run time for added fun, along with quicker charging thanks to the use of a Lithium Ion battery power.

Lead-acid batteries, which commonly power other rideons in the industry, demand 14 ensure full power for the next use. This means more fun for kids and less hassle for parents.

www.RadioFlyer.com

When compared to leading

hours or more of charge time to

#### More fun with *LEGO*® Juniors

**LEGO Juniors** is the perfect introduction to the world of LEGO building for younger children looking to try their smaller hands at building for the first time. Introducing LEGO Friends

New to **LEGO Juniors** are three new LEGO Friends sets. The **LEGO** Friends are Mia, Stephanie, Emma, Andrea and Oliva and they all live in the imaginary world of Heartlake City. This Summer they were busy with Emma's Ice Cream Truck, Mia's Vat Clinic and Stephanie's Horse Carriage, join in the fun.

Mia's Vet Clinic £ 24.99 Join Olivia and Mia's veterinary team and work to help injured and sick animals get better!

Stephanie's Horse Carriage £ 8.99 Go on a carriage ride with Stephanie and her horse Mocca!

Emma's Ice Cream Truck £17.99 Head to Emma's ice cream truck with Andrea to get some delicious ice cream in the sun.

Batman TM & Superman TM vs Lex Luthor TM £ 19.99 Suit up alongside  $Batman^{TM}$ and Superman<sup>TM</sup> and prepare to take on Lex Luthor<sup>TM</sup>!

To find out more about **LEGO®** Juniors www.LEGO.com/juniors



#### Skate at the Only Royal Palace with an Ice Rink in the UK

25th Nov - 8th January 2017 Tickets On Sale Now

 $hampton court palace icer in {\bf k.} \\$ co.uk

A festive experience like no other will be on offer this year as Hampton Court Palace Ice Rink opens. Be swept away by the seasonal atmosphere and history as the stunning 1040m<sup>2</sup> ice rink opens for the public to skate against a backdrop of one of the greatest palaces on earth -Henry VIII's historic home, Hampton Court Palace. Combining a stunning setting, spectacular scenery and seasonal skating, this favourite

the best in festive fun. Located in front of this Historic Royal Palace, the stunning ice rink offers something for everyone, from novice to expert. Open daily 11am -10pm, adult tickets £13.50, with children under 12 at £9.50.

A quick train or boat ride from the heart of the capital will see vou transported to one of the country's most scenic skating settings, with spectacular views of the Thames-side Tudor

By day, why not enjoy a majestic afternoon tea for two fit for a King or Queen? In the evening, marvel at the romance of the rink as the palace's façade comes alive with colour, adding to the ambience of this simply stunning location.

VISIT THE PALACE: Why not enjoy a royal day out with a trip to this remarkable palace and be transported back in time, then get your skates on the most regal rink in the UK. This is the perfect family location and fun day out; learn about Henry VIII - one of the most menacing Kings in English history - and discover what life was like at the Tudor

Let your children's imaginations run wild as you wander the historic corridors and courtvards and immerse vourself in the sights and sounds of this breath-taking location. Then take to the rink and have a leisurely glide around the ice. Note: entrance to Hampton Court Palace is not included in the ice skate ticket price.

#### FAMILY SKATE TICKET:

Get involved and skate in style with the Family Skate Ticket (for 4) available to book now priced at £38.00.

Enjoy ice-skating with family & friends, make a day of it explore the stunning Palace and enjoy afternoon tea. Open daily from 25th November through to 8th January 2017, to book tickets head to

www. hamptoncourtpalaceicerink. co.uk

#### **Christmas Gift for Dad** STYLE+ with NEW BLACK PEPPER & BERGAMOT ULTRA CONCENTRATE SHOWER GEL

Unlike most shower gels, men-ü does not disappear through your fingers, and creates a rich lather for the

height of clean & has added moisturisers to help prevent the skin from drving. Includes Pro Vitamin B5 & Vitamin E. This spicy & fruity blend of black pepper & bergamot citrus combine to invigorate & keep vou fresher for longer.

Gift sets available

with a choice of accompanying hair styling product 100ml £12.95 - £14.95.

www.men-u.co.uk



## the Blind Association

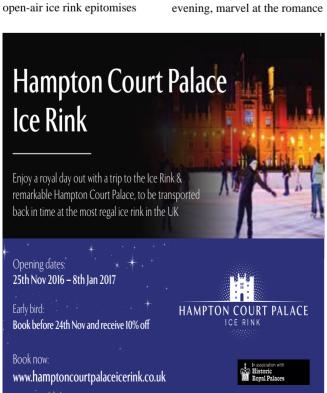
The Guide Dogs for

You can sponsor *Lexi* as a gift for someone special and print the photo and certificate straight away!

By sponsoring  $\boldsymbol{Lexi}$  you will be kept up to date through her journey to become a guide dog. www.guidedogs.org.uk









Dear Parents,

We are inviting all schools to organise their own 'My Marsden March' in aid of The Royal Marsden Cancer Charity. This is an easy to organise sponsored walk for your child's school that can take place anytime, anywhere. The school chooses a date, location and distance to suit themselves, and anyone from one or two classes to the whole school can take part. From short walks for younger children to longer hikes for older ones. My Marsden March is designed to be adaptable for schools.

It's also a great opportunity for pupils to have fun before and during the walk, for example by designing and making their own flags and banners, or decorating their outfits for the day.

I will help you make your school's *My Marsden March* a success by providing free t-shirts for teachers, pin badges for children, balloons, collection tins and posters to display around your school, like the one shown.

If you are feeling inspired and think your school might be interested in organising a *My Marsden March* or if you have any questions, please contact me on **Janet.Tobin**@rmh.nhs.uk or 020 8915 6105.

You can also find out more at www.royalmarsden.org/schools-march.

We are fast approaching the end of the summer term but it may be a fundraising event your school could organise for the autumn!

I hope to hear from you soon.

Janet Tobin

Registered Charity No. 1095197

Sat 26th and Sun 27th Nov, an artisan gift fair will fill the award-winning attraction, transporting shoppers back in time to browse gifts from a host of talented Kent artisans and crafters, surrounded by the sights, sounds and smells of 14th century England. Entry to the gift fair is free throughout the weekend so is sure to prove a popular addition to a Canterbury visit this winter.

#### Sat 17th and Sun 18th

Dec, younger groups enjoy a magical medieval Christmas experience. Start at the Tabard Inn, where Santa's elf will be

busily wrapping gifts in front of the roaring fire. Setting off through the snow-filled streets of old London, groups will be entertained by carol singers and jolly pilgrims along the way.

Dress up in elf costumes for a fun photo opportunity and youngsters may write down their Christmas wishes and pop it in the post in Santa's special mail box. Stop for mulled apple juice (or cider for grown-ups!) before visiting Santa's grotto, where there will be a gift for every child. Entry for adults is £7 and for children, £10.

The Canterbury Tales is the only attraction in the world dedicated to celebrating the works of Geoffrey Chaucer, the father of English Literature During the 40 minute experience, through a combination of live interaction and audio guides, guests are regaled by five very different tales of true love, saucy scheming and spine-chilling trickery as each of Chaucer's colourful characters competes to win the title of best story-teller.

To find out more, visit www.canterburvtales.org.uk Ever wondered what it was like celebrating the festive season during wartime? Then step back into the 1940s at Kent Life Heritage Farm Park on November 26 and 27 and experience the sights, sounds and smells of Christmas on the Home Front.

Find out how to 'make do and mend', learning how civilians coped with rationing by preserving and re-styling clothes from the era; and discover how to rustle up some genuine 1940s recipes issued by the Ministry of Food - including a sponge cake made with liquid paraffin instead of fat – at a wartime cookery demonstraOther activities include drill displays by the *Home Guard*. a 1940s school lesson, shops from the era and a rehabilitation centre for injured RAF pilots. You might even spot a German POW or two being put to work mending bicycles.. Take a peek inside the Lenham Cottages, one of which has been converted to recreate life in World War II, complete with sticky tape on the windows to reduce bomb blast damage, a bathtub with a water ration line, and a mangle to do the washing. You can even check out an Anderson Shelter in the garden to see how families protected themselves during . bombing raids.

Tickets for Christmas on the Home Front, which runs from 10am to 4pm, cost £6.95 for adults, £5.95 for concessions, £5.50 for children aged three to 15, and £19.95 for a family (two adults and two children). Under-threes and members go

Book online at

#### www.kentlife.org.uk 01622 763936

You can also follow Kent Life on Facebook /KentLifeFamily-*Fun.* and on Twitter @ $Kent \neg$ Life. Kent Life is in Lock Lane, Sandling, near Maidstone, just off junction 6 of the M20 or only an hour by train from





## Space Mission for Santa

#### Blast off into space and help save Christmas!

A live planetarium show with a Christmas twist. especially designed with families in mind

The show lasts 30 minutes and is perfect for ages up to 10 years Showings every Saturday & Sunday, and weekdays 15 - 23 December



#### **Kent County groups Celebrate Christmas in Music**

Kent Music county groups celebrate the festive season in style this year with four public concerts in venues across the county.

Sunday 11 December 2016 -Kent County Junior Choir and Kent County Junior Singers sing festive songs and carols at All Saints' Church Maidstone, 5.30pm. For more details, or to obtain tickets:

> www.kent-music.com 01622 691212

**Sunday 18 December 2016** – Kent Youth Wind Orchestra,

conducted by David Cresswell, plays a selection of festive music and carols in a Christmas concert at Nve Hall, the Duke of York's Royal Military School, Dover, 2pm.

**Tuesday 20 December 2016** – Kent Youth Singers and Kent Youth Choir perform festive songs and carols at St Mary's Church, Ashford, 7pm.

Saturday 31 December 2016 -Kent County Youth Orchestra, conducted by Mike Seal, present a Winter Concert at Mote Park, Maidstone, 3pm, which will include Tchaikovsky's 4th Symphony.

For more details, or to obtain tickets:

www.kent-music.com 01622 691212







Television presenter Stephen **Mulhern** is the star of **Dick** Whittington, this year's pantomime at The Marlowe Theatre in Canterbury.

Stephen is a regular on our screens in programmes such as Go For It!, Catchphrase, Ant and Dec's Saturday Night Takeaway, Britain's Got Talent and Big Star's Little Star. He is also co-presenter of Heart FM's Sunday morning show Stephen was last at The Marlowe Theatre for the 2011/12 pantomime (Cinderella) - the

said he was "over the moon" to be returning, adding: "I love Canterbury, I think it's beautiful – and the theatre just looks fantastic. In terms of panto, there's only a few places that come to mind when you say 'where would you like to do?', and Canterbury's one of them. It's just going to be a joy to be there."

As well as TV and radio. Stephen is an experienced all-round entertainer having performed his own magic and one-man variety shows up and down the country for the past

12 years. He performed some of this magic at The Marlowe's fifth anniversary gala performance in October.

Stephen also has a Bafta under his belt. His unique style of comedy and presentation have made him one of the best loved presenters in the country. He has performed across the world for a host of famous people. including the Oueen (he's also had lunch with HRH but doesn't like to brag!). Pantomime producer Paul **Hendy** is delighted Stephen is returning to The Marlowe Theatre: "He is one of the biggest stars on British television and we are absolutely thrilled that he has agreed to come back to The Marlowe to appear in our spectacular, family pantomime, Dick Whittington," he said.

"In my opinion, Stephen is one of the best pantomime performers in the country and I know the people of Kent are going to love him in this show.'

Dick Whittington will also star Canterbury favourites Ben Roddy (Dolly the Cook) and Lloyd Hollett (Captain

Crabstick), along with Vladimir Georgievsky (Britain's Got Talent), and a host of West End stars: John Barr (Les Miserables), Lisa Davina Phillip (Matilda), and Ben Carruthers (Wicked).

Dick Whittington is at The Marlowe Theatre from Friday 25 November 2016 to Sunday 8 January 2017. For times, prices and to book tickets, call the Box Office on

01227 787787 www.marlowetheatre. com.

There will be a Relaxed Performance of the show, and it will be audio described, captioned and signed; full details are on the website.

#### **Kent Christmas lights**

Chatham High Street, Meeting House Lane junction **Thursday 17 November** Fun starts at 3.45pm with lights on at 5pm

Rochester Christmas lights and Santa Fun Run Rochester High Street Saturday 19 November

lights on at 5pm Gillingham Christmas lights Smiths Square, Gillingham

Fun starts at 12 noon with

High Street: Friday 25 Nov: Fun starts at 3.45pm with lights on at 5pm

Strood Christmas lights: Friary Place, Strood High Street Saturday 26 November Fun starts at 3.45pm with lights

on at 5pm Rainham Christmas lights Rainham Shopping Centre Friday 2 December:

Fun starts at 3.45pm with lights on at 5pm







#### SPECTACULAR LINE UP SET TO PERFORM AT OLYMPIA, THE LONDON INTERNATIONAL HORSE SHOW 2016

#### International Horse Show, 13-19 December 2016.

The headliners include the world-renowned equestrian artist, Santi Serra who is set to wow the 90,000 visitors with his Spanish flair and unique performance. Joining him on the centre stage will be the elegant Portuguese Lusitanos showcasing their beautiful skills of horsemanship and harmony. In addition, all the old favourites which make London's premier horse show magical, such as The Shetland

Pony Grand National, The Kennel Club Dog Agility and The Olympia Finale, will be back once again to delight the crowds of spectators attending this year's show.

Santi Serra has a unique relationship with his animals, who he often refers to as 'actors'. He communicates with them through mind and body and is able to put on a thrilling show which is filled with tricks and never-beforeseen choreography between

horse, human and dog. The movements of thoroughbred horses in the wild, the respect for who takes care of and teaches them, the obedience without using force, the friendship... a show that will make you have an unforgettable time.

The world-class *Lusitano* Display is comprised of Portugal's top 16 stallions and riders, hand-picked to represent their country in this demonstration of traditional

Portuguese equestrian skills. The striking horses are mesmerising to watch with their beauty and flexibility emphasised through the breathtaking action packed carousel routine.

#### Olympia, The London International Horse Show

is the ultimate celebration of equestrianism. This year's headline acts will bring high levels of entertainment for the audience and will complement Dressage, Show Jumping and Carriage Driving perfectly.

As well as the displays, audience members will also be treated to the highly anticipated return of the Markel Champions Challenge in aid

of the Injured Jockeys Fund on the evening of Friday 16 December, which will feature high profile names such as the legendary Frankie Dettori and reigning National Hunt Champion, Richard Johnson.

The world's top competitors will be in attendance, as once again Olympia will host three FEI World Cups<sup>TM</sup> in Carriage Driving, Dressage and Show Jumping.

The Reem Acra FEI World  $Cup^{\mathrm{TM}}$  Dressage leg takes place on 13 and 14 December, the FEI World Cup<sup>TM</sup> Driving leg presented by Dodson & Horrell on 16 and 17 **December** and the *Longines* FEI World Cup<sup>TM</sup> Jumping leg presented by H&M on 18 **December**. The climax of the seven-day equine extravaganza will finish with the *Olympia* Grand Prix on Monday 19 December.

www.olympiahorseshow.com

BEANO STUDIOS LAUNCHES NEW RANGE IN TIME FOR CHRISTMAS



#### **TICKETS** TO BE WON

A chance to win a pair of tickets to Olympia International Horse Show, for the Friday evening

#### **16 December 2016**

This includes a backstage tour

#### To enter answer this question:

What famous jockey will be at Olympia International Horse Show on Friday 16 December

Answers by email to: info@parents-news.co.uk with "Horse Show" in subject line and please supply name, address and telephone. number.

Send them in by **noon** Friday 2 December 2016 The editor will select one complete and correct entry to be given the tickets.

Usual PN rules apply



Beano Studios, the business behind the relaunch of the Beano as a global kids' entertainment network, has launched an awesome new range of products featuring refreshed Beano designs, just in time for Christmas.

The collection, available through the online shop at shop.beano.com, includes t-shirts, hoodies, beanies, stationery packs, games and accessories; perfect presents for the next generation of mischief makers this Christmas, along





with the not-so-grown-up adults who love the iconic British brand.

The bold designs are available in three different product groups - Big Heads, Pranks and Classics featuring some of *Beano*'s most beloved characters: Dennis, Gnasher and Minnie the Minx. The designs feature punchy repeat patterns and bold primary colours.

Books are a staple Christmas gift, making Beano Annual the perfect option for this year.

All products are currently available from

www.beano.com



Saturday 26 November, 10am – 5pm & Sunday 27 November, 10am – 4pm

It's beginning to smell a lot like Christmas at the Chelsea Physic Garden Christmas Fair. To conclude our year of Captivating Scents, this year's Fair embraces the scents of Christmas.

We look forward to welcoming you to this long-established and hugely popular Fair with over 100 exhibitors selling a broad range of beautiful products. There will be a range of exquisitely designed and crafted products including jewellery, clothing, contemporary craft, toys and a selection of festive fare - perfect gift shopping for your loved ones or perhaps to treat yourself.

Our wonderful team of Growing Friends volunteers will once again be selling their hand-crafted wreaths using plant material from the Garden together with other horticultural festive delights including gift boxes and seasonal plants.

We will have book signings by our Head Gardener Nick Bailey of his best-selling book 365 Days of Colour in your Garden. His 2016 achievements include a Silver-Gilt medal for his Show Garden at the Chelsea Flower Show. Further details of other book signings will be revealed on our website nearer the time.

There will be the chance to create your own handmade seasonal decorations to take home in Christmas Family Activities run by our Education Department. Refreshments will be available throughout the Fair and, for those who would like a more substantial warming

meal, Tangerine Dream Cafe will be serving a seasonal menu Chelsea Physic Garden

66 Royal Hospital Road, London, SW3 4HS Tel. 020 7352 5646 www.chelseaphysicgarden.co.uk





#### A clean bill of health for +richmond practice after a Care Quality Commission inspection

A clean bill of health for +*richmond practice* after a *Care Quality Commission* inspection

The Care Quality Commission (CQC) or healthcare watchdog has praised the +richmond practice team, after they were included in a pilot inspection with four other independent sector providers. The CQC undertook a comprehensive review of the practice in the five categories for which all health care providers, both private and NHS, are scrutinised.

The *CQC* gathered information from their inspection, ongoing monitoring data and feedback given by patients, the provider and members of the public. They considered the following questions when assessing the service:

#### Are they safe? Are they effective? Are they responsive? Are they caring? Are they well led?

In their report about +richmond practice the Care Quality Commission said: "Patients reported that they had received an excellent service and that the staff was caring and helpful. Many comments expressed satisfaction at being listened to and they found the reception staff friendly, efficient and helpful. All patients commented on the cleanliness of the practice."

The practice which started from a single room at *Roseneath* 

dental surgery in 2005 has successfully established a multi-disciplinary team of private GPs, Gynaecologists, Paediatricians and a Radiologist in the heart of Richmond. They provide sameday appointments, usually without a referral from a GP.

While the *CQC* is not at present grading private providers +*richmond practice* got a clean bill of health and a glowing *COC* review.

Dr Sebastian Renz,  $+richmond\ practice$ medical director said: "We are delighted to receive such a positive report from the CQC – which reflects the quality of care we provide and the dedication and professionalism of our staff. Good results come from attending to the requirements every day. You have to keep chipping away at it. He also commented

on the inspectors being curious about every detail and informally they even commented on the media available in the consulting rooms including the *Peppa Pig* DVDs we use to distract younger patients.

For more information about the practice or to arrange a same-day appointment call +richmond practice

020 8940 5009 richmondpractice.co.uk









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#### Gifts for all ages



#### Beatrix Potter Fashion Designer Collection

Five of Beatrix Potter's best-loved tales with new covers, notes and endpapers from influential fashion designers including Henry Holland, Preen and Orla Kiely. The perfect stocking-filler.

The Tales of: Squirrel Nutkin, Peter Rabbit, Mrs. Tiggy-Winkle, Tom Kitten and Jemima Puddle-Duck £6.99 each HB / Published 7th July

#### V&A Collection

The Very Arty Box is filled with postcards and activity cards. It is the perfect gift for all budding artists and designers. Fashion Mash-Up is packed with over 75 pieces of clothing, 250 stickers with fabulous glitter and foil finishes, styling tips and 5 Instagram backgrounds - the ultimate book for all fashion lovers. Readers can style head to toe the 6 models illustrated by fashion favourite, Daisy de Villeneuve. The Twelve Days of Christmas combines William Morris patterns and new illustrations - a gorgeous Christmas gift to be treasured by all fans of art and design.









A Ladybird Book of Colouring contains twenty-four iconic Ladybird covers to be reimagined and coloured by children and adults of all ages. The hardback cover and pocket size dimensions make these titles stand out amongst the current trend of colouring and crafting books. Well-loved Tales Cinderella will contain reproductions of each of the 24 classic images, from the ugly sisters and the fairy godmother to the golden coach and all three of Cinderella's iconic ball gowns.

A Ladybird Book of Colouring: £6.99 HB / Published 4th August Well-loved Tales Cinderella: £6.99 HB / Published 1st September

#### Deck the halls with Maped Helix.

Maped Helix is ensuring that your Christmas tree stands out and is beautifully decorated this year as the festive season begins.

The colouring specialists will be starting December with some crafty Christmas cheer as their new **Christmas Colouring Pack** brightens up the season.

With a trio of decorations, you can add that personal touch to 3D tree and bauble decorations whilst making those stars sparkle.

Combined with a dozen Color'Peps Long Life felt tips, you can be safe in the knowledge that *Maped*'s colouring products are not just for Christmas.

With a selection of intricate designs, you can hang your masterpieces and ensure the halls are suitably decked to impress Santa and his sleigh on Christmas Eve.

**Lianne Fletcher**, Marketing Manager at *Maped Helix*, will be making sure her tree is dressed to impress when the snow begins to fall;

"Christmas is all about going that extra mile and adding the personal touches, be it to your tree or your cards.

"We've created something that allows your tree to be a unique reflection of your personality and the ability to match your tree to your household."

Color'peps Christmas
Activity Pack is available from
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# Meningitis Baby Tense or bulging soft spot Tense or bulgi

High temperature. ——
Warning - could be normal or low in babies under 3 months

Very sleepy/staring / expression/too sleepy to wake up

Breathing \_ fast/difficulty breathing

Extreme shivering

'Pin prick' rash/marks or purple bruises anywhere on the body

Sometimes diarrhoea

Is your baby getting worse fast?

Babies can get ill very quickly, so check often.

Unusual grunting sounds

Vomiting/refusing to feed

 Irritable when picked up, with a high-pitched, moaning or odd cry

Blotchy skin, getting paler or turning blue

A stiff body with jerky movements, or else floppy and lifeless

Pain/irritability
from muscle
aches or severe
limb/joint pain

- Cold hands and feet

Not every baby gets all these symptoms and they can appear in any order

Get your baby vaccinated to protect against meningitis. Vaccines give excellent protection but can't prevent all forms.

For information and support our Freefone helpline is available 365 days a year 080 8800 3344 (UK) 1800 41 33 44 (Ireland)

helpline@meningitis.org www.meningitis.org



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A giant double-sided Peppa Pig floor jigsaw puzzle. Children can piece together the brightly coloured image on o side and then when finished, enjoy piecing together a different black & white image on the reverse side, to then colour it in. Includes FREE crayons in a hand travel bag. Suitable for ages 3+ and measures 90x60cm when finished.



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Paw Patrol 52 Piece Drawing Case, £7.49



Whether your kid is a Lego lover or a Frozen fanatic, wannabe Santa's should flock to eBay.co.uk's wide selection of must-have children's toys this Christmas



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Pie Face Showdown, £14.89 from respring-mall



Star Wars Chewbacca toy, £24.95 from



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